UNIVERSITY OF UYO COVID-19 INITIATIVES AND INVENTIONS

Information on COVID-19:
The Coronavirus Disease 2019 (COVID-19) is caused by a virus known as Severe Acute Respiratory Syndrome Coronavirus-2 (SARS CoV-2). It is a highly transmittable and pathogenic viral infection that started in Wuhan, China in December 2019 and has spread around the world causing a pandemic.
Common symptoms of the disease include fever, cough, fatigue, shortness of breath and loss of smell and taste. The virus is primarily transmitted when you are in close contact with an infected person who may be symptomatic or asymptomatic. Most often the mode of transmission is via small droplets (which may contain the virus) produced by coughing, sneezing and talking.

Take Preventative Measures:
The University of Uyo recommends the compulsory wearing of nose mask or face shield within any of its campuses.
We all have the responsibility and power to keep our community safe. Note,
- Universal social distancing is critical to our community response.
- Practice and promote good, basic hygiene.
- Know when and how to wash your hands and use sanitizer with at least 60% alcohol.
- Wear a cloth face covering in public settings.

Recommended Measures To prevent infection:
- Wash your hand frequently with soap under running tap
- Use alcohol-based sanitizer to clean your hands
- Maintain physical distance from others (at least 1 meter)
- Cover your mouth and nose with your bent elbow (not your hands) when coughing or sneezing
- Keep unwashed hands away from the face, nose and mouth and
- Wear face mask or shield.

Action by the University of Uyo Management:
The University of Uyo is closely monitoring the COVID-19 pandemic, and in response to the pandemic has placed functional water and auto-mechanical tank with soap dispensers at major entry points and offices. Our top priority remains the health, safety, and well-being of the University community. We will regularly update you, to keep you informed of developments and additional measures the University has taken to contain the virus.
The University has also setup a Research Team with the following Terms of Reference:
- To research into the COVID-19 disease and other infectious diseases and proffer creative, indigenous and affordable strategies for eliminating same.
- To proffer sustainable ways of mitigating the effects of COVID-19 and others related viral cases and advise on ways of preventing future outbreak.
- To appraise the pubic situation in the University community and advise on preventive obligations to avoid possible infection with COVID-19.
- To suggest any other action Management should take to sustain community awareness toward containing the effect of COVID-19.
To suggest ways of attracting corporate and/or international funding/support for research on COVID-19 and other infectious viral diseases.

Members of the Research Team are drawn from various disciplines and include:

- Dr. Moses E. Ekpenyong, Ag. Director, Centre for Research and Development – Chairman
- Professor Anietie E. Moses, Director, Institute for Biomedical Research and Innovation – Member
- Professor Christopher Ekong, Director of International Programmes – Member
- Professor Joseph P. Essien, Department of Microbiology – Member
- Prof. Kenneth Opara, Department of Animal and Environmental Biology (Zoology) – Member
- Prof. Comfort Etok, Department of Microbiology – Member
- Prof. Imo Udofo, Faculty of Law - Member
- Prof. Kingsley Akpabio, Department of Botany and Ecological Studies – Member
- Dr. Basil N. Ita, Department of Chemistry – Member
- Dr. Jude E. Okokon, Department of Pharmacology and Toxicology – Member
- Dr. Anthony A. Adegoke, Department of Microbiology – Member
- Dr. Olajide J. Akinjogunla, Department of Microbiology – Member
- Dr. Edu J. Inam, Department of Chemistry – Member
- Dr. Itemobong S. Ekaidem, Department of Chemical Pathology – Member
- Mrs. Abosede Efi, Directorate of General Administration – Secretary

Take Care of Your Mental Health:

- Your mental health is just as important as your physical health in this time of uncertainty.

Further recent/daily updates about COVID-19:

- World Health Organization (WHO) https://www.who.int/covid-19/information
- Africa Center for Disease Control (Africa CDC) https://africacdc.org

Links to other community efforts in fighting the pandemic:

- Academic Staff Union of Nigerian Universities, University of Uyo Branch (ASUU-UUB) (As per attached fact sheet)
- University of Uyo Alumni. The University of Uyo Alumni donated a N5 million grant to support medical research towards finding a cure for the novel Coronavirus.
- Senior Staff Association of Nigeria Universities, University of Uyo Branch (SSANU UUB) donated Personal Protective Equipment(PPE), to the University Health Services.
COVID-19
CORONA VIRUS
FACT SHEET

ACADEMIC STAFF UNION OF UNIVERSITIES,
UNIVERSITY OF UYO BRANCH (ASUU-UUB)

DE KOKO OF DE MATTA
- E DEY SPREAD FROM PERSON TO PERSON.
- KONTRY WEY DIS CORONA DON WAKA REACH DON PASS LIKE 100.
- TO SWALLOW, ABI TO WASH MOUTH WITH ACETIC SUBSTANCES NO DEY HELP AT ALL.
- AS E DEY SO, VACCINE NO DEY WEY FIT CURE THIS DISEASE.
- E DEY SPREAD THROUGH SMALL-SMALL WATER WEY DEY COMOT FROM COUGH AND SNEEZING.
- ORDINARY FACE MASK NO GO PROTECT YOU.
- DIS MASK NA TO HELP PERSON WEY DON GET AM ALREADY MEK HIM NO SPREAD AM TOO MUCH.

BETA WAY TO PROTECT BODI
- MEK YOU STOP TO DEY KARI HAND WEY YOU NEVA WASH DEY TOUCH-TOUCH YOUR EYE, MOUTH AND NOSE.
- MEK TWO HOURS NO PASS WEY YOU NO WASH YOUR HAND WITH SOAP AND WTA WEY DE RUN.
- MEK YOU NO DEY NEAR PERSON WEY DEY SICK, SNEEZE ABI COUGH.
- MEK YOU STAY FOR YOUR DORMOT IF YOU SEE SEY YOU NO WELL.
- MEK YOU COVER YOUR MOUTH WITH HANKERCHIEF IF YOU DEY COUGH OR YOU FIT COUGH PUT FOR YOUR ELBOW.

HOW YOU FIT AVOID DE STRESS WEY FOLLOW COVID-19
- MEK UNA AVOID TORI FOR ON TOP SOCIAL MEDIA – YOU FIT USE KAMPE SOURCES LIKE W.H.O., NCDC AND FEDERAL MINISTRY OF HEALTH TO GET OGBONSE INFORMET.

DI ONE WEY CONCERN PIKIN
- ABEG LISTEN TO YOUR PIKIN WHEN DEM TALK – NO CARRY BACK HAND DRIVE DEM.
- DEY GIVE DEM CORRECT INFORMET WEY GO HELP DEM OVERCOME DEM WORRIES.
- MEK YOU DEY ALLOW DEM GO PLAY SMALL-SMALL.
- NO ALLOW DEM DEY STAY TEY FOR COMPUTER ABI TELEVISION.
- NO ALLOW FEAR DEY CONTROL UNA LIFE.
- MEK YOU KNOW SEY LIFE MUST TO GO ON.

HOW COVID-19 DEY GROW
DE VIRUS GO STAY INSIDE BODY FOR 14 DAYS BEFORE HIM GO COME SHOW.

TRITMENT
- E DEPEND ON HOW HIM SEVERE REACH.
- YOU GO KARI YOURSELF WAKA LEAVE PEOPLE. TRY TO DEY CHOP BOKU-BOKU FRUIT MAKE YOUR IMMUNE SYSTEM STRONG KAKARAKA.
- MEK YOU NO GO WHERE PEOPLE PLENTY WELL-WELL.
- MEK YOU NO ENTER PUBLIC TRANSPORT (IF YOU FIT TREK, MEK YOU TREK SMALL-SMALL DEY GO IF YOUR PLACE NO FAR).
- MEK YOU NO TOUCH-TOUCH STEP BODI PLUS OTHER SURFACES.

HOW COVID-19 DEY SHOW
- FEVER
- COUGH
- YOU NO FIT BREATHE WELL
- SNEEZING
- BODY WEAKNESS

HOW YOU FIT GET COVID-19
- IF You Don Travel Go Where The Sickness Dey For Like 14 Days Wey Don Pass.
- IF You Don Dey For Road Reach 24 Hours Where The Sickness Dey.
- IF You Don Get Close Contact With Person Wey Don Get Am.

WETIN YOU FIT DO FOR PERSON WEY GET COVID-19
- COMOT YOURSELF, ABI COMOT THE PATIENT WITH IMMEDIATE ALACRITY.
- GIVE AM FACE MASK THEN TEACH AM HOW HIM MUST TO COUGH.
- MEK YOU DEY FOLLOW HAND HYGIENE WEY CORRECT.
- MEK YOU SABI THE NUMBER OF THE HOSPITAL WEY DEY CLOSE TO YOU TO CALL DEM.

WETIN CLOSE CONTACT MEAN:
- IF YOU DEY 2 METRES (6 FEET) CLOSE TO THE PLACE WEY DEM DEY GIVE TRITMENT.
- IF YOU DEY LIVE, ABI YOU DEY VISIT, ABI YOU DEY WAIT FOR TREATMENT WITH PERSON WEY FIT GET THIS VIRUS.
- IF SMALL-SMALL WATER WEY DEY COMOT FROM COUGH/SNEEZING DON TOUCH YOU.

E-MAIL: NG.COVID-19@ncdc.gov.ng
Free Number Wey You Fit Call: 08097000010,
SMS: 08099555577, WhatsApp: 07087110839

Na from: ASUU-UNIUYO, UYO
COVID-19
KORONA VAIROȘ
NWED AKPANETOB

MME AKPANETOB
- UNMØ AMI ASAŇA KE AWO ABOYO AWO.
- UNAMO AMI ABA KE NKÖN NTE IDIJO IKIE (100) KE UNADOD
- ADDUHAN AINUKE MMỌN WI ØBØKO MME ADIWIỌQIWIỌN WI MINEN, IDOHO PO US-A ÜBØK (IWWAMMA).
- AWO INEIGHE ØBØKO NDOMOKEE DIØN SE IKØK UNAMO (UDÔNO) AMI.
- UNÌ MÖ AMI ASUANA NTE ÌKÌE NTAAM MIKOON.
- ÌYARA NKÖP KE ISO ITAMMO ÌKPEME AWO.
- ÌYARA NKÖP KE ISO AFØN YE MBØN EMAKENIEJI UDOÑO AMI, MBAAK AKPAN ADINEKEK NSEUAN.

MME NTI USAÑ UKPÈME IDEM
- TRE ADIĐA ØBØK AMMUUIYIEGHE NTUUK ANYEN, INUA MME IWWO.
- YIE ØBØK KE ATÖN KE ÌNSANA (AFEHHE) MMỌN (KE UFAÑ AWA IBA-IWA).
- KUDA UKPÈRE AWO ÌDUÑO AWAYAKE MME AKỌN QIØK.
- BA (TIE) KE ØFØK KE IDEM AKPUBIÀK.
- FAK AFØN KE INUA KE AKPEKÖN QIØK, MIIOOHO, KOØ NTUUK KE INUUK ØBØK.

ADIKPAN NDÌK KE ABAÑA COVID-19
- KUNNEKE UKEENE SE ETAÑ KE MME ITIE USUANETOB EKOOTO SOCIAL MEDIA. YAKØ KE ETØB ATOOOH IKPEGHE UFÖKUTOM EKOOTO WORLD HEALTH ORGANISATION (W.H.O), NATIONAL CENTRE FOR DISEASE CONTROL (NCDC), YE AKE AKAMBA IKPEGHE UKARA ASEEGHE NKÖP ABAÑA NSOÑIDEM (FEDERAL MINISTRY OF HEALTH).

KE ABAÑA NTØKAYÌN
- KOP AKKÈRE ESIDNDIK AMMO MBAAK AKÈME ADIWWWAM AMMO.
- ÒQ AMMO NNE-NNE TESI TESI AWWWAMAM AMMO ENI ELEM KE ESID.
- NAM YAK AMMO EKAambre KE NNE-NNE INI.
- NAM YAK INI SE AMMO ETIE KOMPUTA YE ADITIE NSE AKEBE NDÍYYE AMOBRO.
- KUUYAK NDÌK AKARA ESID MFO.
- UWEM ÒA NTE AKAIÓO.

INI IDÌỌQÒŃO KOVID-19
- VAIROȘ AMI ASIJNE AWO KE IDEM USEN DUOPINAAÑ (14) MBEMISO ANYE AWOT IDÌỌQÒŃO.

USÔBO
- AKEENE DAÑA ADIA AWO IDEM AKETRE.
- USÀÑ UNWAM KEED ADO AFO ADIBA IKPOOÑ NDION ADIA UWAK-UWAK MFJD.
- KUSØP ADIBA KE ITIE NTE AWO EWAK.
- KUSØP ADIDK MİÔTO SE MME AWO EDÔÑO EWAH (ITIE SE AKA IMINIOQØN, SAASAÑA).
- KUTUUK NKÖP SE ASEJIME, AKPANAKPAN UKWAJ.

MME IDÌỌQÒŃO
- UFIOPIDEM
- IKÖN
- UNANA ADIKAÑ ÌNWWEEK ÌNWWEEK MFØN-MFØN
- AWASII
- MMEMIDEM

AFAÑ UNÌAMO
- UKAIÑAÑ KE IDAÑ UDOÑO AMI ABAHA KE UFAÑ USEN DUOP MME INAAÑ (14) AKEBÓYIKE.
- ADIBA KE USÑSAN KE IDÌ ÌDUÑO AMI ABAHA KE AWA EDIP MME INAAÑ (24).
- ADITIE/ADIDA NDIANA AWO ÌDUÑO AMI AM:MMO.
- ADIBA KE UFØKIBO AWO ÌDUÑO COVID-19 AMAAKEBA.

SE ENA NTE ENAM KE INI NDUUÑO
- SIO AWO UDOÑO AMI KE ATU AWO.
- NØ ANYE MF:AKISO NYAÑ ØKKØ ANYE NNE-NNE UNAÑ UKOÑ-IKØN.
- YIE ØBØK KE MMỌN YE ATÒN NYÅFØN ØBØK AOìÖT Ø KE ÌE NUNTU OØBO UOKEKE FIEN AKAN.

E-Mail: ng.covid-19@ncdc.gov.ng
KOOT KE MFØN: 08097000010
IBIOETOB (SMS): 08099555577
NSIDO (WHATSAPP): 07087110839

SE ADIBA ÍKPERE AWO UNÌAMO AWUQØNØ
- NIM UKPÀ AYOYÌK ÌTA IA (IKPAD ITIÔKEED) KE ITIE NTE MBØN UDOÑO EBA.
- AÐID ÌN/ADIKA MME ADITIE MBET USÔBO YE AWO ABAÀAH NTE ANIE UDOÑO AMI
- AÐIKØN IKÖN MME ADIBAYA AWÀSII NDUOÑO AWO.